Olive Garden Menu with Prices and Calories 2026

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Soups

Item	Price	Calories
Chicken & Gnocchi Soup	$8.79	250
Minestrone	$8.79	110
Pasta e Fagioli	$8.79	170
Zuppa Toscana	$8.79	220
Chicken Tortellini Soup	$8.79	220

Salads & Breadsticks

Item	Price	Calories
Famous House Salad	$8.79	150
Breadsticks	$4.29	140
Breadsticks (Unlimited with Dine-In)	Included	140
Jumbo House Salad (Serves 6)	$24.99	150
Jumbo House Salad + 12 Breadsticks (Serves 6)	$29.99	290

Appetizers

Item	Price	Calories
Calamari	$12.79	570
Fried Mozzarella	$10.79	760
Lasagna Fritta	$11.79	1030
Toasted Ravioli	$10.79	670
Shrimp Fritto Misto	$13.29	590

Classic Entrees

Item	Price	Calories
Chicken Alfredo	$18.79	1560
Chicken Marsala	$18.29	770
Chicken Parmigiana	$18.79	1060
Lasagna Classico	$16.79	880
Tour of Italy	$21.79	1520

Lighter Portions

Item	Price	Calories
Chicken Parmigiana (Lighter)	$13.79	580
Fettuccine Alfredo (Lighter)	$11.79	530
Five Cheese Ziti al Forno (Lighter)	$12.29	620
Lasagna Classico (Lighter)	$12.29	480
Shrimp Scampi (Lighter)	$14.29	510

Lunch Favorites

Item	Price	Calories
Chicken Marsala Lunch	$12.29	420
Chicken Parmigiana Lunch	$12.29	580
Create Your Own Pasta Lunch	$10.99	Varies
Fettuccine Alfredo Lunch	$11.29	530
Spaghetti with Meat Sauce Lunch	$10.29	430

Create Your Own Pasta

Item	Price	Calories
Create Your Own Pasta	$13.29	Varies
Fettuccine Pasta	Included	220
Alfredo Sauce	Included	440
Grilled Chicken (Add-On)	$5.29	250
Meatballs (Add-On)	$4.79	280

Seafood & Steak

Item	Price	Calories
6 oz Sirloin	$17.79	280
Herb-Grilled Salmon	$20.79	460
Sicilian Scallops	$22.79	380
Herb-Grilled Salmon (Large)	$24.79	580
Shrimp Scampi	$19.29	940

Desserts

Item	Price	Calories
Warm Brownie Fonduta	$8.79	720
Black Tie Mousse Cake	$9.79	640
Chocolate Lasagna	$9.29	780
Sicilian Cheesecake	$8.79	540
Warm Italian Doughnuts (Zeppoli)	$7.29	580

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.